







HOUSEHOLD HINTS. The first step in the treatment of a cold is to get the nose clear of mucus. For this purpose...

FACE AND HAIR. The face should be washed with cold water in the morning and evening...

TOOTH BRUSHING. The tooth brush should be used after each meal and before going to bed...

TOOTHACHE. The best remedy for toothache is to place a clove in the cavity of the tooth...

HEADACHE. The best remedy for headache is to apply a compress of ice to the forehead...

COUGHS AND COLDS. The best remedy for coughs and colds is to inhale steam from a bowl of hot water...

BRONCHITIS. The best remedy for bronchitis is to take a course of cod liver oil...

ASTHMA. The best remedy for asthma is to take a course of cod liver oil...

EMPHYSEMA. The best remedy for emphysema is to take a course of cod liver oil...

PHLEBITIS. The best remedy for phlebitis is to apply a compress of ice to the affected vein...

CELLULITIS. The best remedy for cellulitis is to apply a compress of ice to the affected area...

ERYSIPELAS. The best remedy for erysipelas is to apply a compress of ice to the affected area...

SCARLET FEVER. The best remedy for scarlet fever is to take a course of cod liver oil...

EXCELLENCE. RHEUMATISM. NEURALGIA. SCIATICA. LAMBECK. IT HAS NO EQUAL.

Rhodes Gurry & Co. AMHERST, NOVA SCOTIA. MANUFACTURERS OF BUILDERS.



1000'S, Sashes, Blinds, Wood Moulds, Millwork, etc. W. & C. Silver, Halifax, N.S.

W. & C. SILVER, WHOLESALE Dry Goods, Carpets, HOUSE FURNISHINGS.

Men's and Boys' Clothing. Halifax, N.S.

SPRING STOCK COMPLETE. Plain, Japanned and Stamped Tinware.

Kitchen Furnishing Goods, INCLUDING PRESERVING JARS, ENAMELED KETTLES & SAUCE PANS.

Hall, Library & Parlor Lamps, Also Carriage Lamps & Lanterns.

A. C. THOMPSON & CO. PIANOS & ORGANS.

Ayer's Sarsaparilla. Cures what it cures.

W. H. JOHNSON. 117 & 119 BELLA STREET, HALIFAX.

THE PROVINCE OF QUEBEC LOTTERY. Next Bi-monthly Drawing April 6, 1902.

WHEELER PIANOS, DOMINION PIANOS, Chickering Pianos, Newcomb Pianos, Mason & Rich Pianos, Bell & Duffin Organs.

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35 CENTS - A - BOTTLE. USE IT FOR Difficulty of Breathing, Tightness of the Chest, Wasting Away of Flesh, Throat Troubles, Consumption, Bronchitis, Weak Lungs, Asthma, Coughs, Catarrh, Colds.

DR. T. A. SLOCUM'S

Oxygenized Emulsion of Pure GOD LIVER OIL.

TASTELESS FOR SALE BY ALL DRUGGISTS.

LABORATORY, TORONTO, ONT.

PEOPLE'S POPULAR EXCURSIONS TO THE Pacific Coast in Tourist Sleeping Cars.

THE BEST ROUTE TO BOSTON.

Stmr. Halifax. A. R. WALKER & CO. S. S. Co.

Every Saturday, at 8 A. M.

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WIGAN MEN. VIGOR OF STRENGTH! FOR LOST OR FAILING BLOOD, General and Nervous Debility, Weakness of Body and Mind, Effects of Errors or Excesses in Diet or Young, Exhaust, Sickle, Hood fully Restored. How to cure and strengthen WEAK DEVELOPED ORGANS and PARTS OF BODY. Includes advertisement for Dr. J. Woodbury's Horse Liniment.

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